

A Silent RETREAT FOR MEN & WOMEN

JUNE 21-23

Friday – Sunday



DIVING INTO THE DESERT: PRAYING LIKE THE ANCIENT FATHERS

THE FIRST CHRISTIANS FACED MANY CHALLENGES FROM POLITICAL AND SPIRITUAL ADVERSARIES. THE NEEDS OF THE EARLY CHURCH WERE VERY PRESSING, BUT CHRISTIANS LEARN VERY QUICKLY TO TRUST IN THE LORD JESUS, THEIR SAVIOR. THEY TOOK THE GOSPEL SO MUCH TO HEART THAT THEY SURRENDERED THEIR LIVES TO CHRIST BY DYING AS MARTYRS OR BY FLEEING TO THE DESERT AS MONASTICS. EITHER WAY, THEIR STRONG RELATIONSHIP WITH THE LIVING GOD MADE THEM GIANTS OF CHRISTIAN SPIRITUALITY MAKING THEM VERY MUCH AN EXAMPLE FOR US IN TODAY'S WORLD.

Fr. Puigbó, was ordained in 2001. He obtained the Licentiate in Systematic Theology from The Catholic University of America, Washington, DC (2006), a Master in Marriage and Family from the Universidad de Navarra, Spain (2006), and a doctorate in Family Science from Instituto de Enlaces Educativos, México (2021). Fr. Puigbó has served many parishes throughout the diocese. He is currently the Pastor of St. Leo the Great in Fairfax, VA. His love for the Desert Fathers and the spirituality of the early Christian monastics have led him to offer this retreat.



Retreat cost is \$285. Financial assistance may be available.
For more information or to register, please contact Deacon Maines:
mark.maines@arlingtondiocese.org or visit our website at ArlingtonDiocese.org/Retreat