

The Virtuous Life and Gifts of the Spirit

VIDEO LINK

<https://www.youtube.com/watch?v=r2iCraIn4bc&feature=youtu.be>

GOAL SUMMARY

The goal of this video is to give teens an introduction to the Cardinal and Theological virtues, as well as the Gifts of the Holy Spirit. Teens will also be able apply information about the virtues and Gifts of the Spirit to their daily life and personal walk with God.

VIDEO SUMMARY

Buchi gives a summary of the Cardinal and Theological Virtues and the Gifts of the Holy Spirit and their significance for the Christian life. Relevant applications for personal growth in holiness are given.

DISCUSSION QUESTIONS

1. What is life's purpose?
2. How is it possible to fulfill our life's purpose?
3. What are the differences between the Cardinal and Theological virtues?
4. What does *Papa Joseph Throws Food* stand for?
5. What are some ways that you can identify virtue in people? Who is someone you know that exemplifies virtue?
6. How are the Gifts of the Holy Spirit proof that God wants us to stay connected to him?
7. How can we more earnestly grow in the presence of the Holy Spirit this week?

SEND

In Baptism we are given the Theological Virtues of Faith, Hope, and Charity. These virtues guide us in living a life of holiness. The Gifts of the Holy Spirit, which are bestowed upon us at Confirmation, strengthen and enable us to boldly live out our Baptismal call. By invoking the aid of the Holy Spirit, we invite God into our lives to build us up and support us in living a Christian life.

At the end of the video, Buchi invites us to pray for LIGHT from the Holy Spirit so we can see which cardinal virtues and Gifts of the Holy Spirit we need to grow in to be more Christ-like. Let us pray for this grace and so be attentive to the ways in which God invites us to grow in virtue. Pray together this prayer for holiness:

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love only what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me so, O Holy Spirit, that I may always be holy. Amen. (prayer from catholic.org)