

Learn from a Registered Nurse

Get to know your body!

KNOWLEDGABLE

All Marquette instructors are required to be healthcare professionals and study under the Institute for Natural Family Planning at Marquette University. I have over 4 years of experience as a certified pediatric and postpartum nurse!

RESPONSIVE

I will be available by email or text message to you whenever you have questions! Except for rare times where I am "out of the office," I will get back to you within 48 business hours - usually sooner.

Contact Me

LEAH HATTON

BSN, RN, CPN

leahchatton@gmail.com

678.389.1352

Instagram @edensgiftnfp

eden's gift
**Marquette
Method NFP**



What is the Marquette Method?

The Marquette Method of NFP (Natural Family Planning) is a fertility awareness method that uses urinary hormones to help identify your fertile window. There are also optional mucus and basal body temperature guidelines for even more personal data. This knowledge can help you avoid pregnancy, achieve pregnancy, and can help identify underlying health issues.

INTRO CLASS **\$125**

For those new to NFP or to the Marquette Method. Includes an approximately one hour class and designated follow ups at 1 month and 6 months.

POSTPARTUM CLASS **\$50**

For those familiar with the Marquette Method but need a refresher or to learn postpartum protocols. Includes postpartum class and designated follow ups at 1 and 6 months.

INTRO + POSTPARTUM CLASS **\$175**

For those new to NFP or the Marquette Method and who will be using the method postpartum. Includes the one hour intro class, plus review of postpartum protocols, along with designated follow ups at 1 month and 6 months.

CONSULTATION **\$50**

For those already familiar with Marquette Method but who are in need of an instructor for chart reviews or questions. Includes 6 months of follow ups and availability.

Looking for something else?
Reach out!
leahchatton@gmail.com

